



# 10 Ways to Develop Your Success Mindset

By Raymond Posch

***Improving your mindset is the single most important thing you can do to be happier and more successful!***

I could call this my “blueprint” for having an effective success mindset because it gives you a plan you can follow. But you have the option of using all or part of the plan. It lays out 10 specific ways to develop a stronger and more effective mindset for success. Any one of these ways can help you achieve greater personal success and using all 10 should maximize your ability to create a successful life for yourself.

## #1 – Define Your Personal Success Goals

**Personal success is about you achieving the success goals that are *personally important to you*. And when they are achieved, they should leave you happy and fulfilled.**

You need to think about your personal success goals. Don't go by some generalized, public idea of what success should be for you or what someone told you it should be. If you try to achieve someone else's recommended notion for success, you are likely to wind up both unhappy and unfulfilled.

For some people, success is all about making money. For others it's all about accomplishment. Still others will say happiness and relationships are most important to them. Then again, you may most value personal growth, self-esteem, and self-confidence. Or quite possibly, personal success for you may be a prioritization of all these things plus others. And *how* you make money and achieve your sense of accomplishment are also important factors. Write down your personal goals and why they are important to you, and then prioritize them.

For each goal, know why it is important to you. For example, more money is usually important to most people. But it's not money itself that is important, it is the security it provides and the fact that it enables you to do other things, such as pay bills, live a little more comfortably, do more things, give to charities, and so. The reason why you want that goal and how badly you want it will be your driving motivation.

For me, personal success is, in this order: 1) being happy, 2) having great relationships, 3) serving my purpose by helping others achieve their success, and 4) making more money for life enjoyment and future retirement. Now goals 3) and 4) are very important to me, but they cannot come at the expense of 1) and 2). Most important for me are being happy and having great relationships. I hope this is a helpful example of success goals and their prioritization.

Personal success is achieving success goals that are important to you personally. Know WHY each goal is important to you. Getting clear about what success means to you is the first step for achieving personal success.

## #2 – Be More Conscious of the Success You Want

You need to become more conscious of the success you want. And that requires paying attention to your success goals on a frequent basis.

Thinking about your goals often and especially visualizing the end results (as the target you are striving for) programs your conscious and subconscious minds to support you.

When you do that and really try to get a clear vision of your end results over an extended period of time, I've found that intuition grows and becomes an invaluable tool to guide you. Intuition helps you make the choices among all the possible paths and actions you could follow and makes it much simpler for you. (At least that has been true for me – and I didn't think I had any intuition when I started.) Pay attention to it.

Being more conscious of the success you want for yourself is very powerful and important. You need to become more aware of and attentive to your success goals.

**And then the more you think of your goals as already achieved, the more successful you will be!**

As far as I can tell, there are no limits to this. It's a matter of steadily learning to expand your "success consciousness", and as your vision expands to an ever bigger and clearer picture, the more your potential expands and the more success you will realize. The power of consciousness is amazing, so don't ignore this important piece of the success puzzle!

## #3 – Have a Success-Oriented Mindset

In my Live Your Success programs and emails, the word "mindset" comes up fairly often. A mindset is an attitude or set of specific thoughts or pattern of thoughts or framework for thinking about your approaches to life.

**If you want to experience success, you need to have a *success mindset* in which you think positive, constructive, and success-oriented thoughts rather than**

**negative, self-limiting, or random thoughts.** This is about paying attention to and choosing your thoughts.

I've found that rather than always just reacting to what is going on in your life, you need to have a mindset in which, as moments allow, you think positive success thoughts proactively. For example, you might think about your purpose, your specific success goals, being more aware, or embracing life more fully. You might do that by meditating or contemplating such thoughts early in your day (while showering or exercising, for example) and then reminding yourself to think success-filled thoughts during the day.

Success comes from having a success-oriented mindset, and especially success goals, which you think about often and use when responding to life's ups and downs.

#### **#4 – Act to Achieve Your Goals Every Day**

In my Introductory Course in Living Your Success (which is included with membership in my LYS Club), one of the early lessons is on learning what success means to you and identifying your top success goals. A key part of the success mindset is thinking about success goals often.

**But thinking success thoughts is not enough – you have to take actions that move you toward your success goals.**

**And best of all is to take some action, no matter how small, every day.** An action can be a big step to implement your plans, such as recording a video that you will use in promoting the business (and that might take you a day or a week or more). It might be something smaller like thinking about your goals and identifying possible options for next steps. It might be signing up for training to help you learn skills that you need to learn (and that might take you all of 5 minutes). Or it might be listening to an audio that helps you stay motivated or keep your confidence strong.

But overall, achieving success requires a *progressive* process of moving toward your goals.

#### **#5 – Know Your Purpose in Life**

Your purpose is usually something that you love to do, something you are meant to do. It uses your unique talents and skills, and it serves others because the result of what you love to do is needed in the world. In my case, I know that my purpose is to learn to experience the mindsets of personal success and wholeness of being and then sharing that knowledge with others.

**Knowing your purpose is powerful because it gives you an overarching meaning and direction for your life.** In a sense, if you pay attention to it, it guides you through life.

However, your purpose is not necessarily singular. Your purpose may change over time or with different phases of your life. You evolve over time, and your purpose may evolve as well. But knowing your purpose can help you achieve personal success by giving you a great focus and a strong desire to fulfill your purpose.

Getting clear about your purpose is something everyone should do so that you can set success goals that are totally aligned with your purpose.

## **#6 – Develop the Skill of Conscious Choice-Making**

Consciousness (or mindset or thought) determines what we experience and what we create in life. And *conscious choice-making*, which is a particular technique, is important because it is about living life with more awareness, attention, intention, and creativity.

If we combine conscious choice-making with our desire for personal success, it gives us much greater ability to serve our purpose in a powerful way and to achieve the success we seek. Therefore, it gives us a powerful technique for achieving personal success.

**But it is about living more consciously, and that requires us to pay more attention to what we are experiencing and our thoughts moment by moment.** We must learn to be aware of what we are experiencing in those moments. We must think about our options and be more aware of our choices in response. Instead of responding unconsciously or out of habit (as we typically do much of the time), we must consciously choose our response before acting and frequently hold our intentions over time. And, in choosing, we can open to intuition and creativity as ways of being more effective and successful, and more happy with our results.

## **#7 – Use the Law of Attraction and Manifesting**

The Law of Attraction has been widely publicized and discussed. Many people believe in it, but many of those people struggle to make it work for them. And many people do not understand it and think it is nonsense.

But I know without the slightest doubt that we humans are *consciousness* at our core and that the Universe is *pure consciousness* at its core. And that is why conscious choice-making, the law of attraction, manifesting, intuition, and all psychic phenomena work. Manifesting your desires requires that you become more conscious and aware of yourself and of the larger context of life around you.

From my own experience, I have learned that **the Universe is divinely intelligent and attempts to bring what you think about, and especially what you intend, into your experience.** That, I believe, is the true definition of the Law of Attraction. Let me repeat - The Universe is divinely intelligent and attempts to bring what you think about, and especially what you intend, into your experience.

But it requires you to develop a level of mastery over your thoughts and a greater awareness of the world and the moment-to-moment flow of life. It requires you to think about your desires in a larger context. Most people need guidance in learning to master their thoughts, and most don't have never received that guidance. That is why manifesting and achieving success can be such a struggle.

You, at your core, are consciousness. When you learn to align your thoughts with universal intelligence, you can manifest the personal success you dream of.

## **#8 – Clear Negative Beliefs and Blocks**

If you have studied the law of attraction, you probably know about the need to clear self-limiting beliefs and negative thoughts that are blocking you from creating the personal success you desire. I will refer to these collectively as “blocks” but self-limiting beliefs, including those in your subconscious mind, can be quite stubborn and require action on your part to uncover and change to new beliefs that are self-empowering instead of being self-limiting. One clearing method involves therapeutic or psychological techniques, but that usually requires someone (the therapist) to guide you through the process, and many times it can be time-consuming.

**Fortunately, *conscious choice-making* allows clearing of blocks, especially through choosing awareness, love, forgiveness, letting go, and commitment.** For example, you can choose to totally forgive yourself of all mistakes and others of all hurts to you. You can choose to let go of all blocks and self-limiting beliefs. Especially powerful is committing to new choices, such as your success goals, that you are very clear about and desire strongly. Another related technique, called Ho'oponopono, is a variation of conscious choice-making; it focuses on intentions of love, gratitude, and forgiveness and uses a simple phraseology.

But you can consciously choose to clear negative blocks and focus instead on self-empowerment and your success goals already achieved.

## **#9 – Learn to Embrace Life**

Embracing life is choosing to be fully engaged in the living of life. And that means you must be more conscious of life – it's flow, it's infinite possibilities and potential, it's abundance, it's creativity, and the wonder of it all. You can become more aware of and

attentive to life as you experience it. And you can become more aware and attentive to the power of the choices you make in response to your experiences. It becomes most powerful when you make a commitment to live in a more conscious and participatory way – to live life *wholeheartedly*.

When you make these choices, you begin to enjoy life more, and you get more out of life. You become aware of a strong sense of attunement and empowerment that comes with being more alive. Attunement is choosing to be more closely aligned with the divine intelligence of the Universe. Empowerment is using your inherent power to respond to ups and downs of life with attitudes and behaviors while creating the life you wish for.

**Embracing life makes you more successful because when you live more consciously, you see life more clearly moment by moment, make choices more attentively, and act more intuitively and creatively.** It, in my opinion, is the ultimate in living your success.

## **#10 – Promote Wholeness in Your Personal and Business Life**

I use the word “wholeness” in the broadest sense to mean becoming healthy in all aspects – physical, mental, spiritual, financial, relational, social, political, cultural, and so on. Wholeness is about the whole of life. A person who is whole is fully self-integrated and balanced, and likewise is fully integrated in a healthy way with all higher entities or contexts, such as marriage, family, organizations, business, community, nation, mankind, world, or Universe.

Wholeness takes the idea of success to its fullest sense and highest level. You cannot be your most successful if the larger entities (or wholes) of which you are part are not healthy or if you are not integrated with them in a healthy way. For example, if the business, ecological, or political environment, that you are a part of, is not healthy, you will probably not be able to perform at your maximum capability.

Supporting and promoting wholeness builds relationships, teamwork, customer awareness, customer service, project success, business success, political, community, or ecological health, etc., because it is always caring about the healthiness and success of those larger contexts of life. It is being fully aware and responsible for being or becoming successful in the fullest meaning of the word.

**If you promote wholeness in yourself AND in the world around you, you will be more successful.** Why? Because you will treat yourself and other people, including prospects, customers and partners, and friends differently and they will respond in kind. Your relationships will improve, your approach to life will become more powerful and rewarding, and your personal success will grow because you will open doors to better results and new opportunities.

You can find more information about Live Your Success programs for mindset development at [LiveYourSuccess.com](http://LiveYourSuccess.com) and in my email newsletter.

May you live your success every day!

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